



# Barbara Ortezus

Curriculum Vitae (CV)

**What job i'm looking for? My positive points**

### Blood Oxygen Level (SpO2)

SpO2 measures the oxygen saturation in the blood, reflecting how efficiently oxygen is being transported to the organs.

Normal SpO2: 95%–100%

Levels below 90% indicate hypoxemia, which can be life-threatening and may be caused by:

- Lung diseases (COPD, asthma, pneumonia)
- Sleep apnea
- COVID-19 and other infections
- Anemia or circulatory issues

Pulse oximeters, clipped to a finger, provide quick and non-invasive readings. Monitoring SpO2 is especially important for patients with respiratory or cardiac conditions.

### Respiratory Rate

Respiratory rate Blood Vitals Reviews of breaths taken per minute.

Normal Adult Rate: 12–20 breaths per minute

An elevated respiratory rate (tachypnea) may point to:

- Infections (pneumonia, sepsis)
- Anxiety or stress
- Heart failure
- Lung diseases

A decreased rate (bradypnea) can result from:

- Drug overdose
- Neurological disorders
- Brain injuries

Though often overlooked, respiratory rate is one of the earliest indicators of clinical deterioration.

### Blood Glucose Level

Blood glucose (sugar) levels indicate how much sugar is present in the bloodstream, vital for energy production.

Fasting Normal Range: 70–99 mg/dL

After meals:

### Contacts and general information about me

Day of birth	2006-09-23 (19 years old)
Gender	Female
Telephone number	<i>Information is available only for registered users.</i> <a href="#">Sign in</a>
Email address	<i>Information is available only for registered users.</i> <a href="#">Sign in</a>

### Additional information

Salary you wish	15000 R per month
How much do you earn now	12000 R per month