



# Joan Idacs

Curriculum Vitae (CV)

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Key Ingredients in Optivell

### **Contacts and general information about me**

Optivell contains Optivell Reviews of natural ingredients commonly used in vision support  
Day of birth 2006-09-23 (19 years old)

supplements. While the exact formulation may vary, the following ingredients are often highlighted:  
Gender Female

Lutein

Telephone number *Information is available only for registered users.*

Lutein is a powerful antioxidant found naturally in the eyes, particularly in the macula. It helps filter

~~General information~~ light and supports visual clarity *Information is available only for registered users.*

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Zeaxanthin

Zeaxanthin works alongside lutein to protect the eyes from light-induced damage. It is especially

important for maintaining sharp central vision ~~21000 R per month~~

**Vitamin A** How much do you earn now 18000 R per month

Vitamin A plays a crucial role in maintaining healthy vision, particularly in low-light conditions. It supports the retina and helps prevent night vision problems.

Vitamin C

Vitamin C is a strong antioxidant that supports blood vessels in the eyes and helps reduce oxidative stress.

Vitamin E

Vitamin E helps protect eye cells from damage caused by free radicals and supports overall eye health.

Zinc

Zinc is essential for transporting vitamin A from the liver to the retina. It also supports immune function and eye tissue repair.

Herbal Extracts

Some Optivell formulations may include plant-based extracts known for their antioxidant and anti-inflammatory properties, which further support eye comfort and health.

Official Website

<https://optivell-us.com/>

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