



# Portia Semphiwe

Curriculum Vitae (CV)

**What job i'm looking for? My positive points**

Which kind of abortion you choose all depends on your personal preference and situation. With medication abortion, You can have your medication abortion at home or in another comfortable place that you choose. You get to decide who you want to be with during your abortion, or you can go it alone. Because medication abortion is similar to a miscarriage, many people feel like it's more "natural" and less invasive.

How will I feel after taking the abortion pill?

How you feel during and after a medication abortion varies from person to person. On the day you take your medicine, plan on resting and being in a comfortable place. You may feel tired for 1 or 2 days after, but you should be back to normal soon.

You can go back to work, school, driving, and most other normal activities the next day if you feel up to it. But DON'T do hard work or heavy exercise for several days. You should start to feel better as the days go by, but call your doctor or health center if you still feel ill.

After your abortion is complete, cramping and bleeding should lighten up as the hours and days go by. You may also have tender breasts, and they may leak a milky discharge. That should stop in a couple of days. Wearing a snug-fitting bra will help you feel more comfortable.

Any chills, fevers, or nausea you have should go away pretty quickly. Call your doctor or health center right away if you have nausea, vomiting, diarrhea, or a fever for more than 24 hours after taking misoprostol (the second set of pills). It could be a sign of an infection.

phone number +27736159279 you can call with any questions about abortion pill side effects or any other concerns. Follow all of your doctor's directions during and after your abortion.

People can have a range of emotions after having an abortion. Most people feel relief, but sometimes people feel sad or regretful. This is totally normal. If your mood keeps you from doing the things you usually do each day, call doctor +27736159279

How soon can I have sex after a medication abortion?

You can have sex as soon as you feel ready.

When can I start using birth control after my medication abortion?

You can start a new birth control method immediately after having a medication abortion. You can get pregnant very quickly after your abortion, so it's a good idea to talk with your nurse or doctor

about birth control as soon as you can — they can help you find a method that’s right for you.

Book an Appointment +27736159279

Preferred occupation **Nurses**  
+27736159279 Thinking about getting the abortion pill? Call/ WhatsApp Dr. Portia  
Medicine, healthcare, nursing jobs

Preferred work location **Breyten**  
You can also call Dr. Portia for free, **Confidential**, and non-judgmental emotional support Before or after an abortion — no matter how you’re feeling.

### Contacts and general information about me

What is the abortion pill?

Day of birth 1979-04-04 (46 years old)

Gender **Male**  
Medication abortion — also called the abortion pill — is a safe and effective way to end an early pregnancy.  
Residential location **Bethal**  
Mpumalanga

How does the abortion pill work? *Information is available only for registered users.*  
Telephone number [Sign in](#)

Email address *Information is available only for registered users.*  
“Abortion pill” is the popular name for using two different medicines to end a pregnancy: either [Sign in](#)  
mifepristone or misoprostol.

Pregnancy needs a hormone called progesterone to grow normally. Mifepristone blocks your body’s own progesterone. You’ll also get some antibiotics.

This medicine causes cramping and bleeding to empty the uterus. It’s kind of like having menstruation, crampy period, and the process is very similar to an early miscarriage.

How effective is the abortion pill?

The abortion pill is very effective. For people who are between 1- 28 weeks pregnant or less, it works about 98 out of 100 times. From 30+weeks pregnant, it works about 96 out of 100 times. times.

The abortion pill usually works, but if it doesn’t, you can take more medicine or have an in-clinic abortion to complete the abortion.

Why do people choose the abortion pill?